



Brighton Friends News

A Monthly Publication of Brighton Quaker Meeting

January 2021

www.brightonquakers.net

Issue 314

Pat Norman 1924 -2020



Our dear Friend, Pat Norman, died peacefully on December 2. She had been associated with Brighton Meeting since 1954 and became a member in 1962. The Meeting House was Pat's second home as she worked and worshipped here for sixty-six years. Her portrait, painted by Moira Martin, shines out in the long corridor, reminding us all of her wonderful smiling presence.

Pat was born in Hove. Her family were free thinkers who discussed global issues, and pacifism and did not

shy away from difficult topics. She was quite a rebel at school. (If you want the full story, there is a DVD of her interview with Gerard Rosenberg and Ian Collington in the library. The short version can be found on [YouTube](#)). During the Second World War she was initially a Blackout Warden, then a Doctor's assistant. Her role with the doctor involved assisting with minor surgery, prescribing medicines, and rushing to bomb sites to administer emergency assistance to those injured. She trained as a Youth and Community Worker, and worked in Glasgow, Edinburgh and Wolverhampton before returning to Brighton in 1954.

She met Marjorie and Geoffrey Sedgwick, who were then wardens at Brighton Meeting House, and who had set up the Friends Centre with the support and encouragement of the Meeting. The aim of the Friends Centre was to provide basic education for those who had missed out on education because of the war and its aftermath. Pat started as a volunteer but gradually took on more and more responsibility for office and financial work. The Friends Centre was a project of

Brighton Meeting and shared the building, so it was not long before Pat got involved with Quakers. She got so involved that she married one of them! Frank Norman was a member of Brighton Meeting who had been a Conscientious Objector during the war. Frank's first wife had died, leaving him with three children, Jan, Vanessa and Del, and then they had their own daughter, Lucy.

Pat was completely committed to the Friends Centre, and worked to develop its range and outreach with the second Principal, Alan Tuckett, and took over as Principal when he left. She talks extensively in the video about the ups and downs the centre experienced and the challenges of funding its work. Pat initiated Tuesday at Friends in 1959 in response to a request for something more intellectual than the bingo and tea parties which were on offer for older people in 50s Brighton. Pat arranged talks, demonstrations, films and outings, and hugely enjoyed meeting the academics, artists and theatre people from Sussex who were always willing to share their talents.



Although she devoted so much time and energy to the Friends Centre, Pat found a lot more to give to Brighton Housing Trust (BHT). Again, she started as a volunteer, served on the Board for forty years and ended up being the first lifetime President of the organisation. BHT was a cause close to Pat's heart and she is probably responsible for starting the close links with Meeting that continue to this day. And she also found time to serve as a Governor to her local infants' school in Patcham where she was much loved by staff and children. Once she had retired from the Friends Centre, she volunteered at the school two days a week, helping children learn to read.

She was one of the first people we got to know in the Meeting and has been a constant presence in our family. She was interested in so many areas of life, a delightful conversationalist and wonderful company. We feel enriched and privileged to have known her.

We will miss her and think of her often. We hold Lucy, David, Charlie, Adam, Jan and Del in the light and in our hearts.

Jane Rosenberg

When the need for reading glasses, a hearing aid and knee replacement made me increasingly aware of the aging process I decided I would try to grow old gratefully.

Pat Norman, Brighton Friends News April 2014

FOOD BANK -- Please Remember -- FOOD BANK --- FOOD BANK

Message from our Treasurer

On January 7 I reported to Meeting for Worship for Business on the effect Covid-19 restrictions have impacted upon our yearly figures. I still have work to do on this before final figures are arrived at but I am sure you realise that nine months of greatly reduced earnings from our hiring activities has produced a substantial deficit. This has bitten into our reserves and made it more difficult for us to donate to Britain Yearly Meeting and local worthy causes.

However, one item stands out like a beacon of light from the difficulties. Taking Gift Aid into account Members and Attenders have contributed some £7,500 more than in 2019. This has been a wonderful response to the Treasurer's letter I circulated in 2020. These contributions are going a long way to bridging the gap between the full wages being paid to our employees and the furlough claim we are allowed to make under the new rules. If your Gift Aid status has changed please let me know.

I know things are hard as we move into 2021 but can I repeat my call for as much help as one can muster to continue this position until we can open our doors once more to hirers. The furlough system is to run until the end of April, hopefully in its present guise.

I do not want to raise any more anxiety than we already are feeling, as over the years we have built up reserves, either here in Brighton or in our Sussex West Area, to ensure continuity of our wonderful Meeting House. However, we do not know how long help from the Government will be forthcoming, so any further assistance which can be offered by Friends will be much appreciated.

George Dean, Treasurer

'Be the Light in the Darkness'

Holocaust Memorial Day January 27 2021.

This year we will not be hosting our vigil to remember all the people who have died through genocide around the world.

In the Holocaust, in Bosnia, Rwanda, Darfur, Cambodia and other places millions of people have been murdered and others have endured and survived with their lives changed forever. The national ceremony to mark Holocaust Memorial Day will take place on line and those wishing to attend please register on the home page of the HMD website, www.hmd.org.uk



This year's theme is Be the Light in the Darkness and we are all encouraged to light a candle and place it in a window at 8.00pm on Wednesday **January 27** to honour all those who died and those who survived and to express our commitment to a world without genocide.

That evening a candle will be lit in a window at the Meeting House.

Terry Byrne, Warden

Clerking arrangements

Please would all Friends note the following. The January Meeting for Worship for Business (BM) agreed the following for Clerking going forward.

Nominations Committee has been unable to find a name to replace Sheila Boyer as Co-ordinating/BM Clerk when her second triennium ends in April. Michelle Roberts has agreed to deal with all email correspondence to and from the Clerks' address (brightonquakerclerk@gmail.com) and has been duly appointed.

The current Clerking team consists of Penny Cloutte, Jane and Gerard Rosenberg, Elaine MacDonald, Alan Stratford, Sheila Boyer (due to finish in April).

Each of the team above will take a turn as 'Clerk of the month'. This Friend will not only Clerk BM (with an assistant Clerk), but also deal with all the preparation for BM for their month, from the date of the preceding BM.

This system will only work if all convenors of committees and all Friends send items they wish to be discussed at BM to the Clerks address in a timely manner. The onus will be on Friends, who have items to go to BM or annual reports due from their committee, to send them to the Clerk as there will be less monitoring than before. The deadline for inclusion in the agenda is one week before BM. The only exceptions are emergencies that arise during the week before BM.

All the Clerks will use the Clerks' email address so agenda items can be sent to this address, although it would be helpful if Friends also notify the Clerk of the month personally. The name of the Clerk for the next BM, along with reports due, will be at the end of the last BM Minutes.

One advantage that the Clerks see to this arrangement is that the Clerk at the table will have done the draft minutes themselves and will therefore feel more familiarity with, and ownership of, them.

Clerking Team

Another Poetry Evening – Oriental style

On **February 12** the Chinese New Year commences and we move from The Year of The Rat to The Year of The Ox. I would like you to join me for an evening of oriental verse.

If you wish to compose a haiku please send it to me (details in Contact Book) or write to brightonquakernewsletter@gmail.com and let me know if you wish to read it yourself. Also, please send any other oriental-themed poetry requests you may have either for you to recite or to be recited.

A Haiku is a three-lined poem of 17 syllables. The first and third lines have 5 words each and the second line has 7 words. Traditionally they evoke images of the natural world.

I look forward to hearing from you. A Zoom link will be sent nearer the time.

David Fielder

Inter Faith Contact Group (IFCG)

IFCG have two monthly Zoom meetings:

Monthly Interfaith Prayers

We share inspirational poems and spiritual readings - Words of Connection, on the last Thursday of the month. The next prayer hour will be on **Thursday January 28 from 7 - 8pm.**

Fostering Friendships

On the third Wednesday of each month members of different faith groups talk about events and festivals in their own faith communities.

The next meeting will be **Wednesday January 20 from 5:00 - 6:00pm.**



All welcome of any faith or none. www.interfaithcontactgroup.com

Please contact Sheila Boyer at brightonquakerclerk@gmail.com for details of both Zoom meetings.

Sheila Boyer and Helen Ledger IFCG representatives

Spirituality in Practice

Attending Meeting on a regular basis, prayer, religious ritual, and meditation may all be considered spiritual practices, but what they are not, is the practice of spirituality. These things may be a resource, a chance for rejuvenation, an opportunity to look inward and reflect; they may give us the strength to go out into the world and have a positive effect, but it is only when we do this, and perform good in the world that we can consider ourselves spiritual people. What we say and what we do can be two very different things. If we do evil, damage others, harm other living things and the environment in which we all live, perhaps we are less spiritual than if we protect others, speak up and take action when harm is being done.

Often, if not for most part, discussion of spirituality is intellectual and theoretical. We mull over what it means, whether it involves God or whether it need not, what God means to each of us, and in what form he/she enters and influences our lives. We discuss as Quakers what function sitting in silence has for us and whether our ministry has come from the heart or the head. Whilst some of this has its place, we seem to find it so much easier to be one removed from discussing our own ability to practice spirituality in our lives including examples of how we have succeeded or failed in our efforts.

The East Brighton Being Friends Together Group recently discussed Spiritual Activism. The Satyana Institute has proffered thirteen principles of Spiritual Activism (going out into the world and creating positive change):

1. Transformation of motivation from anger/fear/despair to compassion/love/purpose
2. Non-attachment to outcome
3. Integrity is your protection
4. Integrity in means and ends
5. Don't demonise your adversaries
6. You are unique (it is better to tread your own path however humbly, than that of another, however successfully)
7. Love thy enemy
8. Your work is for the world, not for you
9. Selfless service is a myth (it is in giving that we receive)
10. Do not insulate yourself from the pain of the world
11. What you attend to, you become (you reap what you sow, so choose your actions carefully)
12. Rely on faith, and let go of having to figure it all out (faith means trusting the unknown)
13. Love creates the form (let your heart's love infuse your work and you cannot fail, though your dreams may manifest in ways different from what you imagine).

Other means for adopting a spiritual approach to life have been suggested such as giving of time and money, volunteering, making donations to good causes, giving laughter, play, and tenderness, and giving of yourself.

The Wikipedia definition of Spiritual Practice includes moving along a path to salvation, liberation or union with God. We should use the resources available to inwardly reflect on our spiritual path, but ultimately it is the spiritual path we tread that will determine our liberation, salvation or union with God. We should inwardly reflect, but much more outwardly express, our spirituality within the world.

Steve McMillan

UN Treaty on the Prohibition of Nuclear Weapons

Brighton's Quaker community, in conjunction with members of the Women's International League for Peace and Freedom, is celebrating the UN Treaty on the Prohibition of Nuclear Weapons. This becomes international law on **January 22** and comprehensively prohibits participation in any nuclear weapon activities. Quakers have been campaigning for decades to rid the world of these weapons of mass destruction.



Although the treaty is only binding on the countries (so far 50 of them) that join it, its entry into force will also affect countries, such the UK, which have refused to engage with disarmament. It will help to stigmatise nuclear weapons, and it reflects the breadth of opposition to them across the world.

Brighton's planned gathering of multi-faith and peace groups in New Road, to mark this occasion, has had to be put on hold due to Covid-19 restrictions, but Quakers are inviting individuals to reflect privately on this historic step during the day. More information about the treaty can be found on the [Quakers in Britain](#) website.

Michael Richardson

KEFIR - would you like some?

Yes, it really does exist, not just in 'The Archers' - an ancient preparation of fermented milk, now found to be excellent for maintaining and promoting the efficiency of our immune system; something that is crucial in the current pandemic. It contains more probiotics than the ones available in chemists' shops, and it is cheaper to make your own at home.

All you need is a mother culture, which looks like a collection of tiny polystyrene balls, milk and a plastic sieve. Full details click here: [YouTube](#).

I have been eating, drinking and using it in various ways for years. I currently have rather a lot of the mother culture, which I would like to give away. It grows well in ordinary room temperatures, though in England in winter it takes longer than the 18 hours recommended in the video. I can send you some culture through the post. I use whole organic cows' milk, but if you are vegan it can work with nut milk. My nutritional adviser assures me that the fermentation process destroys lactose, which is what I am avoiding for my paleo diet.

Please contact me if you would like some, and if you want further information I am happy to talk about it until the cows come home.... My details are in the Contact Book or write to brightonquakernewsletter@gmail.com.

Penny Cloutte

Winter Solstice

Keep well through the long nights
and Keep warm through the cold times
In the deep heart of the midnight
Light a candle for the dawn
Keep a centre in the darkness
Keep a vigil through the silence
And remember to remember
That the Spring will come again

Anonymous

Submitted by Elspeth Furini

Coronavirus - Staying in Touch with each other

Message from Overseers

During this period of Covid-19 we are trying to keep in touch with each other in our Meeting. Some people may feel more isolated than others. If you do need help or would just like Friends to hold you in the Light, please contact the Overseers. If finances are a problem we may be able to help as we have access to grants.

Overseers - Jane Rosenberg, Terry Byrne, Alan Stratford, Barbara Barber, Annie Lieberman & Kate Mackrell bqoverseers@outlook.com

Trafalgar Street Mission

It may come as a surprise to Friends that 41 Trafalgar Street, Brighton - which today houses St Noah's News and off licence - was once a Quaker mission.

Around 1890, when it first appears in Page's Directory under the auspices of Mrs L. Pollard, it began to be used by the Quaker community as a Mission. It hosted Sunday evening services, as well as adult schools for both men and women during the day on Sundays, and various meetings during the week.



Our Quaker community purchased the premises for £1,150 in 1893, with Mary Hack giving £400, other local Friends £50, and the remainder being financed by the sale of the old burial ground - Quakers Croft in New Road - to the Brighton Corporation.

In the 1911 Census, the Bristows were living above the Mission Room, where Alfred worked for the tramway corporation and his wife Jane was caretaker of the Mission Society.

The Trafalgar Street Society of Friends Mission Hall was sold in 1945, with part of the proceeds helping the Eastbourne Quakers rebuild their Meeting House after damage sustained during the war.

The 3-storey building on the corner of Trafalgar Terrace now houses St Noah's News, an off-licence; an ironic change of use, since many Quakers promoted temperance. Daniel Hack Jnr. once carried barrels out of a public house in the town and poured the contents down the drains!

[MyHouseMyStreet](#) website

Submitted by Tony Tree

Are you alert to practices here and throughout the world which discriminate against people on the basis of who or what they are or because of their beliefs? Bear witness to the humanity of all people, including those who break society's conventions or its laws. Try to discern new growing points in social and economic life. Seek to understand the causes of injustice, social unrest and fear. Are you working to bring about a just and compassionate society which allows everyone to develop their capacities and fosters the desire to serve?

Quaker Faith & Practice Advices and Queries No. 33

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Building the New Economy

Continuing our review of the New Economy Series of Booklets.

Booklet 5 – Markets

Our Thoughts on the booklet

There was commentary on the complexity of the issue - everything is connected to everything else. Some people mentioned feeling overwhelmed by this and wondered how we could change this. There was a commentary on the tone of the vision of the document, that the authors seemed to believe that public ownership was always better than private. We also discussed how both sectors are held accountable to their users and stakeholders, and that power could corrupt. The size of an organisation, whether public or private, was thought to have an impact on how easy it was to hold them to account. More locally based organisations were thought to be easier to hold to account.

This led onto a discussion about the example of cakes in the booklet and how it shows that markets exclude those who are unable to pay the price. The cake example referred to is that of a cake shop owner and the impact of their pricing decisions on sales, profits and who can buy the cakes.

Democratic Regulation and Control

This seemed to be an important concept to us all. We used the example of how planning decisions are made to consider this. We thought that lobbyists and developers have too much say over the final outcome by working the regulations. We also had a sense that individuals, particularly marginalised groups, feel unable to contest these outcomes, and that local councils have a limited ability to do so too. We ended by commenting that more devolved organisations, which are more female led, appear to be better at this.

The privatisation of previously state-owned monopolies was considered. We discussed large versus small business ethics, and the power held by workers and trade unions. We also discussed the idea that previously public organisations are able to deal with their service users more efficiently. We also spoke about the possibility of a flexible labour market being facilitated by protecting the workers' rights rather than their right to have a job. A universal basic income was also thought to facilitate labour market flexibility.

As Quakers how could we model a better way?

This was considered, as was how we could build back better after Covid-19. Quaker Peace and Social Witness and others are already involved in this. We thought that the Quaker Business Method, with the importance of ensuring that all points of view are heard and that decisions and minutes reflect the "sense of a room" rather than only the loudest voices, had much to offer, although concern was expressed at the way in which training would take place. We discussed the importance of both ensuring that women's voices are heard, and of research into the difference that requiring any decision to be unanimous makes to this. We thought that any decision being unanimous would probably be a good idea, with the need for unanimity possibly taking a period of time to enable participants' reflection.

The structure of the New Economy reading groups is set out at <https://www.quaker.org.uk/our-work/economic-justice/new-economy>.

The booklets are well put together for individual reading, but discussion does add depth and insight. If there is interest in a second reading group, Zoom remains a good method. Please contact Mike Coote, details in the Contact Book or brightonquakernewsletter@gmail.com for advice.

Michelle Roberts

*Somehow, I don't think Jesus came to Earth to ring the bell at the New York Stock Exchange.
Michael Moore, filmmaker and author (b. 23 Apr 1954)*

Thought for Today

Just the other day, I was in my neighborhood Starbucks, waiting for the post office to open. I was enjoying a chocolatey cafe mocha when it occurred to me that to drink a mocha is to gulp down the entire history of the New World. From the Spanish exportation of Aztec cacao, and the Dutch invention of the chemical process for making cocoa, on down to the capitalist empire of Hershey, PA, and the lifestyle marketing of Seattle's Starbucks, the modern mocha is a bittersweet concoction of imperialism, genocide, invention, and consumerism served with whipped cream on top. No wonder it costs so much.

-Sarah Vowell, author and journalist (b. 27 Dec 1969)

In her reflections about consuming chocolate, Sarah Vowell articulates her particular version of putting into practice the admonition of Quaker activist and journal-keeper John Woolman, "May we look upon our treasure, the furniture of our houses, and our garments, and try to discover whether the seeds of war have nourishment in these our possessions."

Peirce Hammond, Bethesda, Maryland

Found on Wordsmith wordsmith.org

Are you honest and truthful in all you say and do? Do you maintain strict integrity in business transactions and in your dealings with individuals and organisations? Do you use money and information entrusted to you with discretion and responsibility? Taking oaths implies a double standard of truth; in choosing to affirm instead, be aware of the claim to integrity that you are making.

Quaker Faith & Practice Advices and Queries No. 37

FOOD BANK -- Please Remember -- FOOD BANK --- FOOD BANK

Please make donations to the foodbanks in your supermarkets. Alternatively, you can bring donations to Meeting House on Wednesday mornings 12 - 2.

Appeals

In these strange times we cannot put donations in our Appeal Box. Our chosen charities could lose out on much needed donations. If you can, please make your donation through the appeal's website www.safepassage.org.uk. Alternatively, you can send via the Meeting Treasurer. Just send cheques or bank transfer.

Account name: Brighton Quaker Meeting

Sort Code: 08-92-99

Account number: 65009567

Please do let George know which Appeal the payment is for.

Safe Passage

Every year thousands of child refugees arrive in Europe, almost half of them are unaccompanied and as a result are at risk of being abused and trafficked. Yet many of these children have a legal right to travel safely to a place of sanctuary.

Unaccompanied child refugees are found all over Europe but certain regions have higher concentrations of vulnerable minors. The charity, Safe Passage, is based in London but also has established a presence in Greece and France. The UK team focuses on ensuring refugee children arriving in the UK receive qualified legal support and a warm welcome. They also advocate for policy change.

The Campaigns Team works to increase political and public support for safe, legal routes. Through community organising, digital communications, media and public affairs they advocate for and with young refugees to make sure politicians act.

In 2018 they secured an amendment to the EU Withdrawal Bill that will secure family reunion for child refugees in Europe after Brexit. In 2016 they supported the Dubs Amendment, which created a new legal route for unaccompanied children without family in the UK to resettle here, and two years later they ensured the cut-off date was removed which allowed hundreds more children to relocate.

Safe Passage is the only organisation working with children at risk on the ground in both the country they find themselves in and the country they wish to reach. This, combined with their high quality casework, is unique and has proven particularly effective at cracking open legal routes. The field teams help identify and support child refugees who are eligible for transfer, and ensure this happens quickly and safely. Where there are unexpected delays they reassure the child and make sure they remain out of the hands of smugglers.

Please donate generously either direct to www.safepassage.org.uk or via our treasurer brightonquakertreasurer@gmail.com

Jane Rosenberg

Community in Action

Coffee Mornings via Zoom on Fridays at 11.00 am. If you would like to join please email the clerk at brightonquakerclerk@gmail.com

Being Friends Together

Being Friends Together is a good opportunity to get to know Friends better, learn more about Quakerism and share spiritual journeys. Three groups continue to get together regularly via Zoom. If you would like to join please contact the elders via bgelders@outlook.com

Clerk's mailing list - if you are not on the list and would like to be, please contact The Clerk at brightonquakerclerk@gmail.com

Meeting House during Third Lockdown

Meeting House is now closed for room hire and to visitors EXCEPT **Wednesdays between 12 and 2pm** when it will be open for individual worship - 'private prayer'. The garden will be open every weekday morning. The office will remain open and emails regularly checked, and we will get back to you as soon as we can.

This, of course, may change with a change in government guidelines.

Sunday Meeting for Worship at 10.30am continues on Zoom. For details please email us at admin@brightonquakers.net

Brighton Meeting diary

Meetings for Worship

Regular Meetings for Worship

Brighton Meeting House is temporarily closed but we have an online Meeting for Worship via Zoom on Sundays - 10.30–11.30 am. After Meeting we go into Breakout Rooms where we can discuss the Meeting and get to know each other. If you would like to join online please email bgelders@outlook.com.

Children's Meetings

These will be held via Zoom from 10 – 11am on the third Sunday of the month.

January 17

February 21

March 21

The Meetings will be led by Mike Coote, Christine Habgood and Helen Ledger.

If you would like to join please contact Helen Ledger or brightonquakerclerk@gmail.com

Workshops and community events

Open Meeting

We can no longer have Open Meeting in the Quiet Room but after Meeting for Worship via Zoom on Sundays, we have the opportunity to go into 'breakout rooms' with 3 or 4 other people to have an informal chat about the Meeting before we go back to the main meeting for final goodbyes.

Meetings for Quaker Business (MWB)

The next MWB is on **Thursday February 4** at 6.30 pm. Items for MWB must be sent to the Clerk at least one week before the meeting, i.e. **Thursday January 28**. The only exceptions are emergencies that arise during the week before MWB. Please email brightonquakerclerk@gmail.com or write to clerks c/o The Meeting House.

If you are a newcomer or attender and would like to join MWB, please contact the Clerk, who will be able to explain the procedures. If you are not comfortable with Zoom please contact the Elders at bgelders@outlook.com

Area Meetings for Worship for Business in 2021

January 16 via Zoom

March 20 at Chichester

May 15 at Worthing

July 17 at Ditchling

All Area Meetings start at 10.30 for 11.00 and those held in a Meeting House include a bring-and-share lunch.

Sussex and Surrey Regional Meetings provisional programme for 2021

Saturday January 30 - 'Simpler Meetings' with Jonathan Carmichael, Project Manager of the Simpler Meetings Project and Carrie Comfort, Local Development Worker, 10.30 -12.45 via Zoom. 35 places available. Please register before Monday January 25 at <https://quaker.zoom.us/meeting/register/tJcud-mgpzItEtHsspUFE50UK8GLjFSzh-UA>

Saturday March 27 - 'Refugees and Asylum Seekers' 10.30 -12.30 via Zoom

Saturday June 26 - 'Reaching Out to Russia' 10.30 – 15.30 at Dorking Quaker Meeting House

Saturday September 25 - 'We are all Quakers: a non-theist, a Christian and a Buddhist-Quaker explore what each can offer Quakerism' 10.30 -15.30 at Eastbourne Quaker Meeting House

Saturday November 27 - 'How do we reach and welcome people to Quakers in the C21st?' 10.30 -15.30 at Woking Friends Meeting House

All members and attenders are very welcome!

We hope to meet in person from June, public health situation permitting.

For more information email: sussexandsurreyrmquakerclerk@outlook.com

All Regional Meetings start at 10.30 and those held in a Meeting House include a bring-and-share lunch.

Notices

Notices to be read out after Meeting for Worship should be sent to brightonquakernotices@gmail.com. The deadline for notices is Friday evening. Please note that Notices are still read out at the end of the Zoom and Blended Meeting for Worship on Sundays.

Newsletter Contributions

The editor wants the newsletter to reflect the diversity of thinking and experience of members and attenders. If this is to be your newsletter, we need your input: thoughts on the meeting, a passage that has inspired you, a book review, a drawing, something to share with others that might help us grow in community and spirit. Please send your contributions to the editor, Jackie Robinson at brightonquakernewsletter@gmail.com

The deadline for the **February** newsletter is **Tuesday February 2**. The editor has the right to edit contributions or hold them over until the next issue, particularly where this is necessary in order to avoid blank pages.

It is the responsibility of contributors to decide how much of their personal details should be given.

To receive the newsletter by email please write to brightonquakernewsletter@gmail.com. This is necessary to comply with GDPR laws.

