



Brighton Friends News

A Monthly Publication of Brighton Quaker Meeting

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www.brightonquakers.net

Issue 329

Sanctuary cooking sessions

Fortnightly cooking sessions with friends

At March Business Meeting it was agreed that our Sanctuary Group could use our kitchen, café and Quiet Room to support groups of refugees to cook a meal for themselves.

By 10.30 there's a lively buzz of conversation going on, just as there is at any good party. By 11.30 a late-comer finds his way through the building by following the familiar smells of his home food.

This is our second session of cooking for the refugees who have been housed by the Home Office in a dismal hotel in our city, with 'plastic' cooked food served in a plastic box which they have to take to their rooms to eat.

In our kitchen, within minutes, they have owned the space and organised themselves to prepare and make the fresh ingredients, that they have just bought, into dishes of food that they know and love. By 1pm we are all sitting down together to eat the food in the Quiet Room.



These friends are from Central America, but next time we will be inviting a group of Kurds to join us, and later Eritreans. They all get to choose what they would like to cook, and to practise their English at the same time. We are offering a space for them to share something special together - their food.

Susan White

FOOD BANK -- Please Remember -- FOOD BANK --- FOOD BANK

Please make donations to the foodbanks in your supermarkets. Alternatively, you can bring donations to Meeting House on Sunday mornings.

Can we hold Vladimir Putin in the Light?

“I will hold you in the Light, Friend.” Sooner or later someone regularly attending an unprogrammed Quaker Meeting will hear this phrase, our own particular take on prayer. We bring our whole awareness of the person into the Light, the mystical perception of that which binds us together in worship, holds us in unity and gives us clearness. Early Friends like George Fox were in no doubt as to what the Light was. It was the Inward Light of Christ, the refraction into our innermost reality of the spirit that was with God in the beginning – the Word as John, chapter one, has it, or the spirit that moved over the water in Genesis. The spirit of Christ was what gave existence to everything in the physical universe, only later fully realised in human form in Jesus of Nazareth.

You will often hear this well-loved Quaker phrase attached to a loved one, or someone who is having a particularly hard time. It is more than “I’ll be thinking of you”, and more in keeping with our Quaker experience of worship, more full of spirit than a simple prayer of supplication (a ‘shopping list’ prayer). But that is not the whole story. Holding a loved one in the light might be the best we can hope for, for the people we care about, especially when we feel unable to offer practical help. But it might also be the Quaker way to do our worst. Allow me to explain...

In the face of brutality and lack of care for human life and suffering, some Friends are unapologetic that they would intervene by force, and this to me is entirely understandable. Despite the Peace Testimony, some Friends have in the past fought in wars. Members of the Cadbury family were instrumental in ending the use of Zeppelins by the Germans as a military weapon by shooting them down from the air using incendiary rounds. Faced with evils on the scale of Adolf Hitler or Joseph Stalin some Quakers would feel justified in using deadly force, and I applaud the way that Quakerism is not entirely proscriptive on matters like this, of individual conscience. But there are also Quakers who would take an absolutist stance to even the most justifiable war, refusing even alternative service as conscientious objectors, and risking imprisonment and possible ill treatment.

What has this to do with holding someone in the Light? If one rejects the use of force entirely, a position consistent with the logical conclusion of the Peace Testimony, holding our enemies in the Light is a potential alternative to taking matters into our own hands, or perhaps at least a last desperate act for peace before we feel bound to do so. Which of these would again depend on the situation and individual conscience.

Jason Evans

Jason has written a longer article on the subject of whether Vladimir Putin can (or should!) be 'held in the Light' by Quakers. You can access this longer read [HERE](#).

FOOD BANK -- Please Remember -- FOOD BANK --- FOOD BANK

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Peace in Ukraine

A suggestion in ministry Sunday 10th April – at 8 am each day take one minute to say 'let there be peace in Ukraine'.



Fundraising for UNICEF

My granddaughter, Romilly Methven, and I both worship at Brighton Meeting. This February Romilly's Dad Steven visited Poland's border with Ukraine for his job as a researcher on a news channel. What he told her about his visit moved Romilly to organise a fundraising cake sale in our block of flats.



On 2nd April along with her Mum and Grannie she frantically baked bread, scones and all sorts of cakes. We don't know many of our neighbours as we moved in just before the pandemic, but they came out in force and donated very generously.

The sale raised £394; rounded up we were able to give £400 plus £100 in Gift Aid to UNICEF UK's operation in Ukraine.

[Click here](#) to read Steven's report on his experience in Poland

Annie Lieberman

Friends are not naïve enough to believe that such an appeal 'to that of God' in a dictator or in a nation which for psychological or other reasons is in an aggressive mood will necessarily be successful in converting the tyrant or preventing aggression. Christ was crucified; Gandhi was assassinated. Yet they did not fail. Nor did they leave behind them the hatred, devastation and bitterness that war, successful or unsuccessful, does leave. What can be claimed, moreover, is that this method of opposing evil is one of which no person, no group, no nation need be ashamed, as we may and should be ashamed of the inhumanities of war that are perpetrated in our name and with our support.

Quaker Faith & Practice, Kathleen Lonsdale, 1953

Are We An Eco-Church?

The 'Canterbury Commitment' of Yearly Meeting in 2011 committed Quakers to take action to become a 'low-carbon sustainable community'. Ten years later in 2021, Yearly Meeting asked central committees to "emphasise the urgency of work on climate and ecological justice and to cooperate with others across the world in this task".

Last autumn, a small group from Brighton Meeting started looking at a nationally available questionnaire which individual religious groups could use to assess to what extent they were an "Eco-Church". A large number of the questions related to land and buildings, and our many positive answers reflected the extensive work which has been carried out at the Brighton Meeting House over recent years in our efforts to rise to the Canterbury Commitment and 'green' the building. Amongst the work carried out has been:

- Secondary glazing installed to windows
- Draught proofing to external doors and openings
- Increased depth of loft insulation
- Installation of false ceiling and insulated space in the main corridor
- Purchase of electricity and gas from renewable energy companies
- Replacement of main heating boiler with "A" rated energy-efficiency boiler
- Dual flush toilet cisterns
- Induction electric hob for kitchen cooking
- Removal of electric heaters and extension of central heating system
- Individual wireless-controlled room thermostats
- Replacement of all halogen and conventional lighting with LED fittings
- Mechanical ventilation system with heat recovery installed in lecture room and 3 other rooms in the 'education' block
- Sustainable / recycled materials used in kitchen and café refurbishment – e.g. bamboo flooring, recycled yoghurt pot wall splash backs, recycled wood worktops and cupboard doors
- Recycling encouraged in the building with appropriate bins
- Garden run on permaculture principles with composting, rain water butts, edible produce, and bug hotels
- Petrol lawn mower replaced by electric mower.

Completing the buildings part of the questionnaire did however identify a few more areas where we can improve things – mainly related to the Warden's accommodation, and these are being followed through by the Finance and Property Committee. We were also conscious that, being a protected Listed historic building in the congested city centre, there are limitations to what more can be done; for example, moving away from gas heating dependency has not yet been resolved.

Other sections of the Eco-Church questionnaire cover our practices (both personal and as a worship community) in facing and responding to the present environment and ecology emergency, and our community's engagement with the wider world on all these issues, as well as our lifestyle choices. The Eco-Churches Group would like to run a workshop looking at all these questions later this year, when in-person meetings have returned!

Alan Stratford

Conflict and Resistance

A few days ago I bought a copy of 'The Good Germans'. It attracted me because my closest friend (who died five years ago) had told me how her father had been imprisoned for his views against Nazism. I learnt much from her about the German opposition to the Second World War and their suffering because of this. Her 19-year old cousin starved to death in her home town of Berlin. As in most wars it is the innocent who starve, whilst the troops are fed.

I am writing an article about the White Rose group. The group was started by three young German friends in their early twenties. Two were siblings, Rose and Hans Scholl, and their friend Christopher Probst. All three were executed by the Nazis. Their trial was held behind closed doors, with no defence allowed. They were stripped of their citizenship and sentenced to death. For Sophie's part a special portable guillotine was made.

In tribute, their friends laid white roses on their graves – a symbol of resistance then as now.

Hans and Christopher had both fought on the Eastern Front. Hans was a decorated survivor of Stalingrad. Both knew the horror of war and believed National Socialism was driving Germany into further conflict. As university students they felt a responsibility to do something. But what?

They began a leaflet campaign and daubed slogans on walls. They also gave lectures to a wider audience which brought other, more seasoned, veterans including the well-known pastor Dietrick Bonhoeffer, into their resistance group. The courage of such young people in spreading their truth touched me deeply, as did the 7,000 Russians who demonstrated against war this week.

Amongst the women, who were singled out in jailing them together, were children, some under 10 and 2 years old. This recalls to my mind Quaker Faith and Practice 19.35 and the bravery of children of Friends who defied beatings and imprisonment themselves, for holding Meetings for Worship on behalf of their parents. Courage is a small word for such a brave act.

So as Friends we need to remember the many acts of bravery and kindness on both sides of every conflict. Often their voices are quickly silenced. Small acts can mean so much to those involved, and beyond.

We need to Hold them in the Light as they step forward into the Darkness of War. As Pastor Bonhoeffer says:

'Not in the flight of thought but in the act alone is their freedom.

Silence encourages the tormentor, never the tormented'

Pastor Bonhoeffer was executed by hanging in Flossenberg concentration camp in April 1945.

Zing Rock

Refs: *Sophie Scholl and the White Rose* by Annette Dumbach and Jud Newboon
The Good Germans – Resisting the Nazis 1933-1945 by Catrine Clay

In Bristol in 1682:

On the 7th of the month called July, they dispersed the meeting which then consisted chiefly of children; for the men and women being generally in prison, the children kept up their meetings regularly, and with a remarkable gravity and composure: it was surprising to see the manly courage and constancy with which some of the boys behaved on this occasion, keeping close to meetings in the absence of their parents, and undergoing on that account many abuses with patience... On the 30th, in the afternoon, about fifty-five were at the meeting, when Helliard, with a twisted whalebone-stock, beat many of them unmercifully, striking them violent blows on their heads, necks and faces, few of them escaping without some marks of his fury...

He also [on 13 August] sent eleven boys and four girls to Bridewell, till a Friend engaged for their appearance next day before the deputy mayor, who endeavoured both by persuasions and threats to make them promise to come at no more meetings; but the children in that respect were unmoveable: wherefore they were sent to Bridewell again, Helliard, to terrify them, charging the keeper to provide a new cat of nine tails against next morning. Next day at the Tolzey he urged the justices to have them corrected, but could not prevail. The boys and girls were mostly from ten to twelve years of age. Their names were Samuel Gibbon, William Miller, Joseph James, Elias Osborne, Tabitha Jones, Jonathan Jones, William Fry, Joseph Watkins, Rachel Mears, William Day, Samuel Watkins, James Randy, Martha Watkins, Martha James and James Wheeler.

Quaker Faith & Practice 19.35

Who can speak for us now?

Who can speak for us now?
One man only
in the whole world
is telling the truth to power.
Dressed in a Tshirt the colour of khaki
his face, his gestures, his words
tell the truth of a country unravelling.

The trees are ditching their winter khaki
unfurling with the insistent green of spring
in that country that just three weeks ago looked
like ours. People out shopping for
bread and shoes,
talking on the phones
making plans for the weekend.

Liz Fincham

Submitted by Sheila Boyer

Yearly Meeting 27 – 30 May 2022

Yearly Meeting 2022 will take place between 27-30 May with preparation events from 21 May. Some Quakers will take part online, while others will attend in person at Friends House in London. There will be in-person events suitable for different ages, and some on line.



The theme will be 'Faith, community and action' and will address three big questions:

- Faith: How do we experience worship, community and witness?
- Community: How can we build Quaker communities that respond to challenges and put faith into action?
- Action: How can we transform thinking and action in Quaker communities and wider society?

The theme and strands for Yearly Meeting are about people's lived experiences as part of our Quaker community. We each bring our own stories to this discernment and we start our understanding from different places. Preparation for Yearly Meeting may take two paths – the spiritual and the practical.

To reserve your place for Yearly Meeting whether you plan to attend online or in person please go to www.quaker.org.uk/ym/bookings Bookings close on **6 May**.

Quakers share a way of life, not a set of beliefs. Quaker unity is based on shared understanding and a shared practice of silent worship – a communal stillness.

Quakers seek to experience God directly – internally, in relationships with others, and with the world. Local meetings for worship are open to all who wish to attend.

Quakers try to live with honesty and integrity. This means speaking truth to all, including people in positions of power. The Quaker commitment to peace arises from the conviction that love is at the heart of existence and that all human beings are unique and equal.

This leads Quakers to put faith into action by working locally and globally to change the systems that cause injustice and violent conflict.

<https://quaker.org.uk/documents/preparing-for-yearly-meeting-2022>

Appeals

Now that we have blended Meetings some Friends cannot put donations in our Appeal Box at Meeting House. Our chosen charities could lose out on much needed donations. If you can, please make your donation through the appeal's website www.thects.org.uk/donate

Alternatively, you can send a donation via the Meeting Treasurer. Just send a cheque to Meeting House or do a bank transfer:

Account name: Brighton Quaker Meeting

Sort Code: 08-92-99 Account number: 65009567

Please do let George know which appeal the payment is for.

The Clocktower Sanctuary

Our Meeting has had a long association with the Clocktower Sanctuary which is situated near the Meeting House along Ship Street. Over the years we have had many appeals to help fund their work. They have used our building often for meetings and training and at one time Brighton Quakers regularly visited the centre with our mobile library. It is an association which we hope to continue.

The Clocktower Sanctuary is there for young people aged 16-25 who are rough sleeping, 'sofa surfing' or living in temporary or emergency housing. It is the only place in Brighton & Hove which works directly with this age group, providing much needed emotional and practical support for young people to move on and build up their lives after some terrible experiences.

There are many reasons young people become homeless, and they are often estranged from families and their childhood communities. They can be lonely and vulnerable, and in Brighton & Hove the Clocktower Sanctuary is often their only reliable help and support.

The staff and volunteers work hard to provide this service. A **hot lunch** is available on **Mondays, Tuesdays, Thursdays, Fridays & Saturdays between 12:30-1:30pm with** access to the centre from 10.30am. There are shower and laundry facilities, access to the internet, and service users can take part in various daily **classes and activities to boost confidence and encourage new skills.** Food parcels are also available. There is always a listening ear, a shoulder to cry on and good practical support at the sanctuary.

Funds are always needed to keep all this going and I understand there is a shortfall at the moment with their funding. I urge Friends to be generous and to support our neighbours. www.thects.org.uk/donate

Terry Byrne

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The Religious Society of Friends is rooted in Christianity and has always found inspiration in the life and teachings of Jesus. How do you interpret your faith in the light of this heritage? How does Jesus speak to you today? Are you following Jesus' example of love in action? Are you learning from his life the reality and cost of obedience to God? How does his relationship with God challenge and inspire you?

Quaker Faith & Practice, Advices & Queries No. 16

To my sisters and brothers

As a child I was taught that the Russians and the Ukrainians had a long history of persecuting the Jews. My ancestors were refugees from Lithuania. My heart bleeds for the people of Ukraine and their supporters in Russia. And for the peoples of Palestine and Israel. For the persecuted and their persecutors.

As a child I was taught whom to love,
and, if not love, whom I must learn hate,
at least to fear. They were kind, the older ones.
They wanted me to live at least in partial peace,
to survive a while on a bewildering earth.
They gave me bricks that throughout my life
I would learn to build large and wide and sturdy walls
and so have shelter from a lowering world.

But there were other worlds within my mind
so vast no walls could encompass. I had arms,
could reach beyond my childhood's prison realm,
embrace a stranger and a stranger's world,
could flee across the frontiers of a given name,
call the unknown my kin and yes be hurt,
be loved, but gaze upon no face with fear,

see no creature upon this earth my foe,
pull down the walls each place I go.

Harvey Gillman 27/02/2022

Submitted by Vivienne Ross

Pastoral Support - Staying in Touch with each other

Our Quaker community has a *Pastoral Friends* team who are available to keep in touch with members and attenders, and give comfort or support when it is needed. Our present age has many challenges – from living through coronavirus to worries about making ends meet, or anxiety over international tensions.

Please contact any of the Pastoral Team who are: Terry Byrne, Steve Brooks, Lisa Compton, Annie Lieberman, Kate Mackrell, Dawn Speck, Alan Stratford

bqpastoralfriends@outlook.com

The Foodbank is back

Fareshare are coming back to Meeting House.

Please bring food donations to Meeting House on Sunday mornings as Fareshare will be coming to collect them.



Terry Byrne, Warden

Community in Action

Coffee Mornings via Zoom on Fridays at **11.00 am**. If you would like to join please email the clerk at brightonquakerclerk@gmail.com

Being Friends Together

Being Friends Together is a good opportunity to get to know Friends better, learn more about Quakerism and share spiritual journeys. Three groups continue to get together regularly via Zoom. If you would like to join please contact the elders via bqelders@outlook.com

Clerk's mailing list: If you would like to receive email information and Quaker news from the clerks, you need to have completed a GDPR Form (re data privacy). These forms are available from the Pastoral Team by contacting: bqpastoralfriends@outlook.com

The Friend – an offer

I have copies of The Friend for the past year. I was about to recycle them but then wondered if anyone would like to read back copies. Many of the articles and reviews are not time specific and I'd be delighted to pass them on. Please contact me or write to brightonquakernewsletter@gmail.com.

Jane Rosenberg

Sunday Evening Meeting for Worship

I hear that some Friends don't care to come to Meeting on Zoom and others don't like to be in the Meeting Room with a large screen present.

I would like to recommend the Sunday evening Meeting for Worship from **5 to 5.45pm**; just a few people with no screen. It's usually silent and the silence is really special. It's a small gathering although we quite often have visitors - people who 'are just passing'.

If you would like to experience a real feeling of being filled with the Holy Spirit why not come along on Sunday evening?

Vivienne Ross

The Chief Rabbi of Ukraine

.....has asked for Christians to recite Psalm 31 aloud during these difficult times.

- 21** Praise be to the Lord,
for he showed me the wonders of his love
when I was in a city under siege.
- 22** In my alarm I said,
"I am cut off from your sight!"
Yet you heard my cry for mercy
when I called to you for help.
- 23** Love the Lord, all his faithful people!
The Lord preserves those who are true to him,
but the proud he pays back in full.
- 24** Be strong and take heart,
all you who hope in the Lord.



New International Version

Brighton Meeting diary

Meetings for Worship

Regular Meeting for Worship

A blended Meeting for Worship is held on **Sundays at 10.30 am**.

We no longer need to book to come to Meeting, all are welcome. Masks must still be worn in the Meeting House but not once seated in the Meeting Room.

If you are not on the Clerk's email list and wish to join via Zoom please contact bqelders@outlook.com

Sunday evening Meeting for Worship

We have restarted Sunday evening meeting for worship in the Meeting House. Friends and attenders will be welcome to join us for worship at **5 - 5.45 pm on Sundays**. There will be no computer screen at this meeting - it is "in-person" only. For more information please contact Vivienne Ross or bqelders@outlook.com

A new midweek Meeting for Worship - we now offer a Zoom Meeting for Worship on **Wednesdays, 8.30-9 pm**. Please [CLICK HERE](#) to join. We hope that Friends will welcome this as a time of quiet reflection in the middle of busy weeks. The meeting is also open to Friends from other Meetings in the area.

Private Worship

On **Wednesdays from 10.00am to 12.00** a room in the Meeting House will be available as a place for private worship/prayer. There will be no formality, just a quiet space set aside for Friends to be restful and peaceful without disturbance.

Face coverings must be worn in the Meeting House.

Children's Meetings

We are continuing with monthly Zoom meetings for 5 to 11 year old children, plus we have restarted in-person meetings for newborns to 11 year olds in Meeting House. Hurrah!! We will soon be starting a new meeting for teenagers.

In-person Children's Meetings

17 and 24 April – on the 17th Easter crafts available for any who come along
1 and 15 May

On Zoom

22 May – Meeting on Zoom

Blended Meeting

29 May is the biggest ever blended Meeting for Worship as part of Yearly Meeting For the Zoom link please contact Christine Habgood-Coote or email brightonquakernewsletter@gmail.com.

Workshops and community events

Open Meeting

At the moment we do not have Open Meeting in the Quiet Room after a blended Meeting for Worship but those on Zoom have the opportunity to go into 'breakout rooms' with 3 or 4 other people to have an informal chat about the Meeting before going back to the main Meeting for final goodbyes.

At Meeting House, after Meeting, we can now have tea and coffee and sit in the Lecture Room for a chat.

Meetings for Quaker business

Local Meeting for Worship for Business in 2022

Thursday 5 May at 6.30 pm. via Zoom.

Items for MWB must be sent to the Clerk at least one week before the meeting, i.e. **Thursday 28 April**. The only exceptions are emergencies that arise during the week before MWB. Please email brightonquakerclerk@gmail.com, or write to the Clerks c/o The Meeting House.

If you are a newcomer or attender and would like to join MWB for the first time, please contact the Clerk, who will be able to explain the procedures. If you are not comfortable with Zoom please contact the Elders at bgelders@outlook.com.

Area Meetings for Worship for Business in 2022

21 May - Blended Meeting, based at Brighton Meeting House at 10.30 am

Future Area Meetings - 16 July, 17 September, 19 November

Sussex and Surrey Regional Meetings 2022

25 June – blended meeting on Zoom and in person at Dorking Meeting House. Paul Parker will talk about his vision for Britain Yearly Meeting.

9 July – we meet at 3.00pm at St Peter’s Twineham for a joint Anglican/Quaker service re-enacting a piece of Quaker history. The Twineham Exchange of Dues takes place every 3 years. The Anglican church in Twineham pays us one shilling, 5p, for the use of our burial ground for Twineham Parish’s sheep. Tea will be served after the service.

24 September – blended meeting on Zoom and in person at Eastbourne Meeting House. The topic is Human Rights. Grace da Costa from Friends House will update on a Quaker perspective of the new Acts of Parliament and bills which relate to these.

November – date and topic to be confirmed.

All Regional Meetings start at 10.30 am, and those held in a Meeting House include a bring-and-share lunch. All members and attenders are very welcome! For more information, email sussexandsurreymquakerclerk@outlook.com

Notices

Notices to be read out after Meeting for Worship should be sent to brightonquakernotices@gmail.com. The deadline for notices is Friday evening. Notices are still read out at the end of the Zoom and Blended Meeting for Worship on Sundays.

Newsletter Contributions

This newsletter should reflect the diversity of thinking and experience of members and attenders. If this is to be your newsletter, we need your input: thoughts on the meeting, a passage that has inspired you, a book review, a drawing, something to share with others that might help us grow in community and spirit. Please send your contributions to the Editor, Jackie Robinson at brightonquakernewsletter@gmail.com

The deadline for the **May** newsletter is **Tuesday 3 May**. The editor has the right to edit contributions or hold them over until the next issue, particularly where this is necessary in order to avoid blank pages.

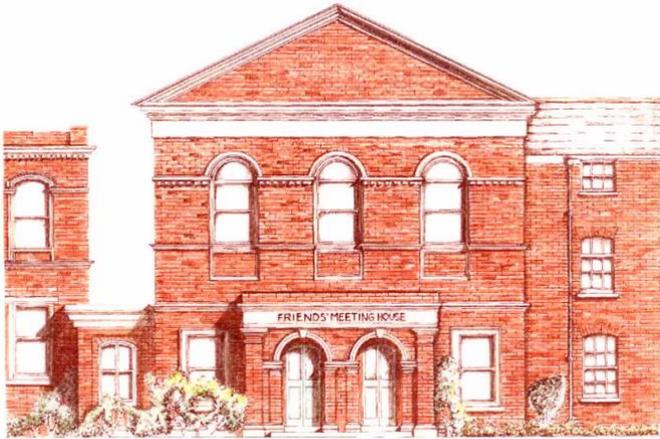
It is the responsibility of contributors to decide how much of their personal details should be shared.

To receive the newsletter by email please write to brightonquakernewsletter@gmail.com. This is necessary to comply with GDPR.

Tuesday at Friends

At the Friends' Meeting House, Ship Street, Brighton BN1 1AF

Telephone: 01273 770258, email: admin@brightonquakers.net



Tuesday afternoon meetings for anyone, of any age

Time: 2:30 – 3:30

Admission £2.50

No need to book – just turn up.

There is an induction loop for the hard of hearing.

Tea and biscuits will be on sale in the adjoining cafe room after the meetings.

PROGRAMME – SUMMER SEASON 2022

- May 3rd: **‘Brighton’s West Pier’** – an illustrated talk by Jackie Marsh-Hobbs
- May 10th: **‘The Crown Jewels’** - an illustrated talk by Pat Kingshott
- May 17th: **‘“Defending the Realm” or protecting Brighton from the Sea’** – an illustrated talk by Alan Cooke
- May 24th: **‘The French Raid on Rottingdean’** – an illustrated talk by Duncan Cameron
- May 31st: **‘Brighton & Hove’s Basement – rocks and soils under the city’**
– an illustrated talk by Geoffrey Mead
- June 7th: **‘Portslade Village’** - an illustrated talk by Trevor Povey
- June 14th: **‘The Gilbert & Sullivan Story’** – an illustrated talk by Ian Gledhill
- June 21st: **TBA**
- June 28th: **‘Life as a Genealogist’** – an illustrated talk by Matthew Homewood
- July 5th: **‘Sussex during the First World War’** - an illustrated talk by Ian Everest

www.tuesdayatfriends.org.uk

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