

**REGULAR MEETINGS HELD AT FRIENDS' MEETING HOUSE, SHIP  
STREET, BRIGHTON IN THE MONTH OF JULY 2010**

**TEL: (01273) 770258**

**[www.brightonquakers.co.uk](http://www.brightonquakers.co.uk)**

**THURSDAY 1<sup>ST</sup> (AND ON A WEEKLY BASIS):**

CARE CO-OPS upstairs in ROOM 2 at 2.00-4.00pm

B&H DISTRICT LEASEHOLDERS' ASSOCIATION DROP-IN ADVICE  
SESSION upstairs in ROOM 4 at 5.30-7.30pm

CREATIVE WRITING COURSE upstairs in ROOM 2 from 10am-12noon and from  
7.00-9.00pm

**FRIDAY 2<sup>ND</sup> (AND ON A WEEKLY BASIS):**

QUAKER MEETING FOR WORSHIP (enter by the back door for this meeting) at  
8.00-8.30am

**SATURDAY 3<sup>RD</sup> (AND ON A WEEKLY BASIS):**

AL-ANON upstairs in ROOM 2 at 10.15-12.15pm and again from 2.15-4.15pm

SL-AA HOW upstairs in ROOM 2 at 12.30-1.45pm

**(MONTHLY, EVERY FIRST AND THIRD SATURDAY RESPECTIVELY):**

ART AND CRAFT FAIR (EVERY **FIRST** SATURDAY) on the ground floor in the  
MEETING ROOM at 10.30-5.00pm

FAIR TRADE MARKET (EVERY **THIRD** SATURDAY) on the ground floor  
mainly in the MEETING ROOM at 10.00-4.00pm

**(MONTHLY, EVERY SECOND SATURDAY):**

CREATIVE WRITING WORKSHOP upstairs in ROOM 4 from 10am-3pm (with a  
break for lunch between 12noon-1pm)

**SUNDAY 4<sup>TH</sup> (AND ON A WEEKLY BASIS):**

QUAKER MEETING FOR WORSHIP on the ground floor in the QUIET ROOM and  
the MEETING ROOM respectively at 9.30, 10.30am and 5-6pm.

**TUESDAY 6<sup>TH</sup> (AND ON A WEEKLY BASIS):**

B&H DISTRICT LEASEHOLDERS' ASSOCIATION DROP-IN ADVICE  
SESSION upstairs in ROOM 3 at 1.00-3.00pm

SUSSEX HEALERS' ASSOCIATION DROP-IN HEALING CLINIC upstairs in  
ROOM 2 at 5.00-7.00pm

AA upstairs in ROOM 3 at 5.30-7.30pm

**(EVERY SECOND TUESDAY IN THE MONTH):** NA upstairs in ROOM 2 at  
7.00-9.00pm

**WEDNESDAY 7<sup>TH</sup> (AND ON A WEEKLY BASIS):**

QUAKER MEETING FOR WORSHIP on the ground floor in the QUIET ROOM at  
12.30-1.00pm

SUSSEX HEALERS' ASSOCIATION DROP-IN HEALING CLINIC upstairs in  
ROOM 3 at 12.40-2.40pm

SATYANANDA YOGA on the ground floor in the LECTURE ROOM at 6.00-  
7.25pm **THIS IS THE LAST YOGA SESSION TO BE HELD HERE**

S. G. B (SPIRITIST GROUP BRIGHTON, **THIS IS A PORTUGUESE-  
SPEAKING GROUP**) upstairs in ROOM 2 at 6.00-8.00pm

CODA upstairs in ROOM 3 at 7.15-9.00pm